

Come to the Parents Dinner, Tuesday February 27

Siblings Camp

The annual sibling camp at Glenhaven Park was held on the 4th and 5th of November 2006 where once again, the team from **Purple Soup** put together an adventurous and challenging program.

Some of the highlights were the intense challenge of the high ropes course. Success came in many ways this year with everyone building on last year's achievements and climbing higher, faster and stronger. Mel and Tim, from *Purple Soup* congratulate Carlee, Floyd, Ethan, Brodie, Courtney, Joshua, Zeke and Nathan on their amazing efforts on entering 'The Stretch Zone'.

Our pool party was fantastic with splashing, games and laughter!

In the evening, *Mission Impossible* saw the teens take on their new challenge of being a Leader in Training. LIT'S helped organise with the *Purple Soup* team creating a mine field in the complete darkness, and avoiding the Bad Guys! Campers crawled, ran and avoided the Bad Guys for the ultimate trophy of finishing their mission without being seen. What a team under the command of Sergeant Gummy Bear!

So much to tell and so little space! All we can say is what a fantastic time we all had. If you would like to experience the next sibling camp contact Robyn at CFSA. We guarantee a Purple Soup, Rocking Time. Thanks to everybody who made the two days possible. Check out the photos on www.purplesoup.org



Courtney Bullen-Nicholas

Some comments from campers

On the 4th and the 5th of November, the siblings of CF sufferers had a camp where it was all about us (the siblings). Sometimes as siblings we get forgotten amongst all the hospital visits and medication to be taken, however at Purple Soup camps it's more like the CF patients get forgotten by us with all the activities.

Activities that we did included a challenging high ropes course, which consisted of a range of ropes high off the ground between large wooden poles with different ways of getting across and different obstacles. A little less challenging low ropes course much like the high ropes course but only a foot or so above the ground and a few adjustments to the course so it's not the same as the high ropes. An adventurous night mission, where the younger kids had to go through the mission and the older kids were guarding certain areas trying to catch the younger kids. The activities also included a range of smaller enjoyable activities. Also a lot of talking about CF and ourselves and how we feel about CF and living with it as a sibling.

Overall the camp was really fun and very challenging which made us push ourselves and help push other people towards their goal, it's great to get together with people in similar situations. Thanks to Tim and Mel for putting this on and also to everyone that came to the camp.

– Floyd Bullen-Nicholas, 14 (sibling to Dimity [CF])

The story starts on the 4th of November 2006. All the purple supers (Mel and Tim like to call us that) and I were off to take part in a journey of self discovery and limit pushing.

To do this we went on high ropes and team building exercises. Such as low ropes, trust fall, a chinese rope puzzle and a pipe game. High ropes was the activity that pushed us. Mel and Tim pushed us to go that little bit further up. Most of us got up to the top and did the challenge but some of the younger kids didn't make it but they did better than most people their age could.

This camp affected me because I couldn't do high ropes on the first camp but now I can because Mel and Tim pushed me to go that little bit further towards my goal.

– Zeke White

On the weekend of November 4th and 5th I attended the CF siblings Purple Soup camp. The camp is designed for siblings of CF sufferers to spend quality time together, having fun, talking and challenging ourselves with the activities that are coordinated by two amazing leaders Tim and Mel. On a personal note, at the first Purple Soup Camp that I went on, I was unable to climb the high ropes course. But on this last camp with the support and encouragement from Mel, Tim and the gang I conquered the high ropes course, which was a mind blowing experience. I'd like to thank Tim and Mel and I'd like to encourage all the CF siblings to attend the next Purple Soup Camp, as it truly is a worthwhile experience!

– Carlee Cox



Mel and Tim and the siblings gang.

