

CF Sibs ROCK Climbing

What a fabulous day!

Excited about the prospect of testing their skills at rock climbing, our CF siblings arrived at the Cliffhanger Climbing Gym in Altona ready for adventure.

Before they tackled the walls, they were given a few introductory lessons on safety, harnesses, ropes and of course wedgies (an inevitable consequence of a safe harness - Ouch!)

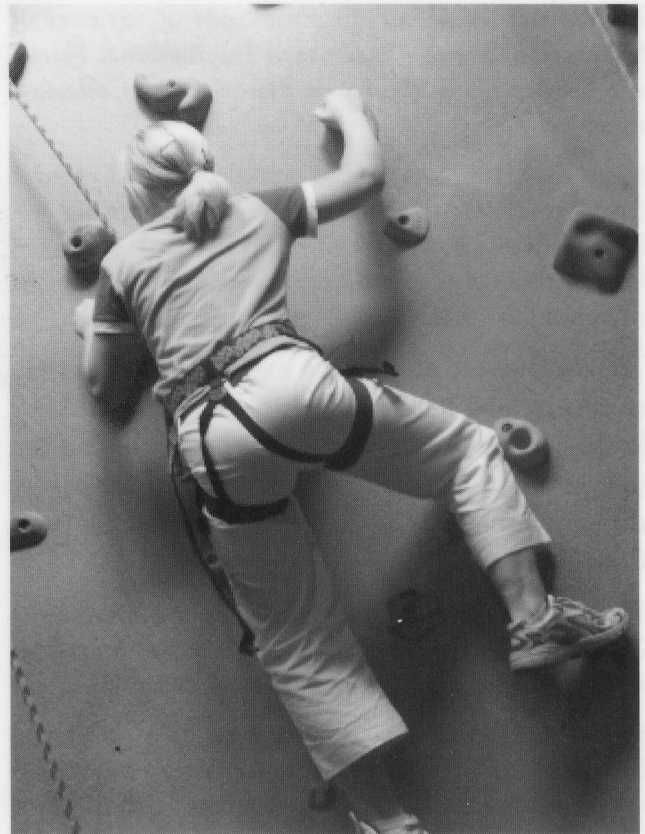
And once they hit the walls and began climbing there was no stopping them! There was no way they were going to come down before their turn was up.

Some of our older sibs did a fantastic job controlling the safety ropes (belaying) for the younger ones - a great example of support and team work! They even got the job of belaying for Purple Soup organisers Nigel and Tim as they raced up the wall in a wacky example of what NOT to do when rock climbing.

Each child challenged themselves to go higher and try harder than they thought they could with the full encouragement of the group behind them. There were massive grins on their faces when they were lowered back down to the ground beaming with self satisfaction and pride. A lunch of party pies, chips, and sausages filled the kids with renewed energy to try the biggest and hardest walls in the gym.

When parents arrived at the end of our day they were in disbelief as their kids relayed their achievements and proudly pointed upwards to the heights they were able to reach. All the kids had a great day out with the opportunity to catch up with old mates and meet some new faces who they are sure to see again!

This day would not have been possible without the dedicated staff of Purple Soup. A huge thanks to Tim and



Above: Celeste Summers tries her hand at climbing the wall

Nigel for planning and carrying out a wonderful program and for just being the zany, wacky, funny guys they are.

The next siblings day is scheduled for Thursday September 22 in the next school holidays. Details will be finalised in the next month or so, but if you would like your child to attend, please contact Nikki or Marinna to register your interest. Don't forget the annual CFV and Purple Soup Siblings Camp to be held in November 2005- its guaranteed to be awesome!