



The next **HFV FAMILY CAMP** will be held **20-22 March 2009**.

Places are **LIMITED**.
Please see the enclosed flyer.



Youth Weekend 2008 SA
By Matt Blogg & Kim Round



Two weeks ago 18 youth delegates from around Australia attended a youth training weekend and South Australia family camp, held at Wurrina Cove Resort, South Australia. The event was run by Purple Soup, with lots of fun activities all weekend. It was a great opportunity to catch up with old mates and meet people within the Haemophilia community, sharing experiences and having fun.

Friday was all about the youth, when we met up at the airport and shared a bus to Wurrina Cove. After a nice lunch, we did some team building exercises, then headed to the water to have a go at sea kayaking and tackle the wavy water.

After dinner we played a game called "the maze". This was a fantastic team building activity and great fun and was followed by an open discussion based on life issues living with haemophilia.

Saturday included very interesting sessions on moving out of home and employment, which I found to be very useful information. Mid morning, families started arriving for the family camp. Purple Soup decided to run a "Prison Break" theme and most seemed to enjoy it. The afternoon was spent mingling, playing games and having group activities. After tea we had a trivia competition that also involved a salada eating competition, and air guitar. Once that was over some of us talked or went to play table tennis, or pool, and we headed to bed as we felt like it.

Sunday we had a great session talking about the body and physical activity and how to have fun exercise but also reduce the risk of injuries. The youth then enjoyed mini golf. While some had to leave, the rest of us enjoyed lunch and watched photos taken from the weekend, and had the official close. All the goodbyes were said and people headed in their own directions, while the youth got the bus to the airport and got a flight home.

